



Central School, 335 Broad Street, Keyport, NJ 07735

ELEMENTARY FOOD ALLERGY GUIDELINES

The following Elementary Food Allergy Guidelines apply to birthdays and other food related events as a balanced approach to dealing with food allergies at Central School. The intentions of these guidelines are to keep each student safe, physically and emotionally, while encouraging celebrations and opportunities for fun.

Important aspects of the guidelines:

- No food **including ice pops** will be permitted for birthday celebrations. Please arrange for another way to celebrate your child's birthday with your child's teacher.
- Food is permitted for Halloween and Valentine's Day celebrations only and only prepackaged goods may be served. These goods must be peanut/nut free. Please have the ingredient label on the package available for reference if needed.
- Cards or notes containing edibles such as lollipops, candy, or gum to take home is not permitted. The distribution of "goody bags" is not allowed.

Parent Role and Responsibilities of Food Allergic Students:

- Parents are strongly encouraged to provide a safe snack or treat to be kept at school.
- Communicate with the teacher and room parent to determine if your child may eat the treat provided at the food related event.
- **If you choose to have your child eat the treat provided at the food related event/celebration at school you are required to provide written permission to your child's teacher. Without written permission, your child will not be allowed to eat the treat served.**
- Assist your child in self-management of food allergies by identifying:
 - o Safe and unsafe foods
 - o Strategies for avoiding exposure to unsafe foods
 - o Actions for how and when to inform an adult that they may be having an allergy-related problem
- Review the cafeteria menu on a monthly basis and refer all ingredient related questions to the Maschio's Food Services director.
- Provide the school nurse with medications necessary for allergy management should an allergic reaction occur. An Allergy Action Plan completed by your child's doctor is required.

Teacher Role and Responsibilities:

- Inform all parents of the dates of any food based celebrations prior to the event.
- Ensure that parental permission is obtained if the food allergic student is consuming the treat provided.

We are committed to keeping all students in the Keyport Public Schools safe and by adhering to these guidelines you will join us in ensuring that our environment is conducive to this goal.