



## Keyport Public Schools

### 2020-2021 CENTRAL SCHOOL PEANUT/NUT ALLERGY GUIDELINES:

Strict avoidance of all peanut/nut products is the only way to prevent a life threatening allergic reaction. **Even touching a small amount of a product or accidental ingestion containing nuts could result in a life-threatening situation.** In order to reduce the risk of exposure at the Keyport Central School, peanuts/nuts or products containing peanuts/nuts are not allowed in **any** of the classrooms or common areas of the school except for the cafeteria.

Your cooperation in maintaining the following guidelines will ensure that the elementary school provides a safe and healthy environment for all of the children:

- **Please do not** send any products containing peanuts/nuts for your child to eat during snack/lunch in the classroom or on **class trips**. Read ingredient labels carefully.
- Children **may** bring peanut/nut products to be consumed in the **cafeteria only but cannot sit at the nut-free designated area**.
- **Make sure** that your child's hands have been thoroughly washed before entering school if they have eaten peanuts or any nuts prior to the start of the day.
- Encourage your child to get into the **habit of hand washing** before and after meals.
- **Food is not permitted for birthday celebrations**. Please refer to the Food Allergy Guidelines as they apply to birthday and other school celebrations.
- **Remind your child** not to share any food, eating utensils or food containers with other students.

At our school, we believe all families understand a parent's concern and worry about safety and will join us in ensuring that our environment is conducive to this goal.